

# SUPERSTARS



Dear Parents,

Saturday, 17th October

We had a really fun Saturday today, continuing our theme 'At The Doctor's'. Today we had some very serious work to do so the Superstars all received their awards and became full doctors. That meant our circle time question, 'What is your name?' was answered with, 'My name is Doctor...!' The superstars loved this and as you will see from our video they had a great time helping each other out using their theme language.

Last week we looked at the skeleton and x-rays. This week we looked at muscles, how they work and how we can make them strong. We had a very energetic circle time doing push-ups and poses. We also studied our hands and Adam took us through an awesome 'Moving Hand' craft, using string to mimic the actions of our tendons. The Superstars got to work on their fine motor skills as they delicately threaded their strings all the way through the lengths of straw.

We finished off our day with our role-play, focussing on using a big, confident voice and having a little fun as we go. The children played the perfect doctors, asking 'What's wrong' and helping to cure their friends.

Fantastic job, Superstars! See you next week.

Thomas and Adam



Today in our creative time we looked at our hands and the mechanics of how they work. We also talked about the different parts of the hands and finger names like the thumb, index finger, middle finger, ring finger and little finger. To create our own working models

The Superstars really had to get there fingers moving and use their fine motor skills. There was a lot of concentration and everyone did a fantastic job.





Doctor! Help me, please!



What's wrong?



My head hurts!



We'll help you!



My hand hurts!



Thank you, Doctors!